



From Hope to Recovery© Education Program

Date: April 15th, Friday
Time: 1pm to 5:30
Location: Salt Lake City Public Library

From Hope to Recovery is a unique 6 week series designed for Treatment Providers, Parents and Caregivers of a child with mental health needs.

Information and skill development is focused on issues such as:

- Impact of children's mental illness on the family and sibling issues.
- Diagnosis clarification, such as Bipolar Disorder; ADHD; Anxiety; Eating Disorders.
- Navigating the Mental Health System.
- Helping your child succeed in school. What you need to know about IEP & 504 programs.
- Self Care and Coming to Terms.

COME JOIN US and Experience This Powerful Curriculum

This event will bring to the parent and caregiver, issues and information from a health treatment perspective in an easy to understand format.

Speaker panels; breakout sessions and table displays will address the needs of the family as a whole.

Teaching Families how to focus on the positive, deal with the everyday issues and know where to receive support!

Offered by: ALLIES WITH FAMILIES
Utah Chapter of the Federation of Families for Children's Mental Health
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